

Favorite Family Food Story:

Sisters Susanne Jalnos and Anna Rado remember the importance of food in their family celebrations and religious observances. Their mother was a great cook, and they each remember wonderful meals made during their years of peace and innocence before war and persecution hit their hometown in Hungary.

Research some of your own favorite family foods, the ones that you enjoy or are served on special occasions. Select one recipe and write it down. Then tell a story about having that food. Be descriptive about the taste, smell, appearance, and texture of the food. Set the scene and tell the story of the food. Have you helped to make it or are you one who helps to appreciate it? Allow your reader to experience the food as you do.

Make a photograph of the food item served on the occasion you describe, print it and attach it to your written description.

Write a note to the person who cooks your favorite food and tell the person how much it means to you.

Research Hungarian foods and find one you might enjoy tasting. Are there any restaurants in San Antonio that serve this food item? Are the ingredients readily available?

Many television programs feature cooking segments and there are even entire cable channels dedicated to foods and their preparation. The stars of these shows are celebrities such as Rachel Ray, Emeril Lagasse, and Martha Stewart, to name just a few. Find a cooking show or segment of another show, watch it, and download or copy down the recipe that interests you. Write a paragraph about what you learned from the program and why that particular food is interesting to you. If possible, you may want to try to prepare the food and serve it to others.

Bon Appetit!
Jeanette Pierce

Enjoy!